Key messages from the report 2015

9 women per 100,000 died up to six weeks after giving birth or the end of pregnancy in 2011 - 13

14 more women per 100,000 died between six weeks and a year after their pregnancy in 2011 - 13

Mental health matters

Almost a quarter of women who died between six weeks and one year after pregnancy died from mental-health related causes

Specialist perinatal mental health care matters*

If the women who died by suicide became ill today:
- 40% would not be able to get any specialist perinatal mental health care.
- Only 25% would get the highest standard of care.

It’s OK to tell

The mind changes as well as the body during and after pregnancy.

Women who report:
- New thoughts of violent self harm
- Sudden onset or rapidly worsening mental symptoms
- Persistent feelings of estrangement from their baby

need urgent referral to a specialist perinatal mental health team

*Mapping data from the Maternal Mental Health Alliance (http://everyonesbusiness.org.uk)